

Grandview ISD Physical Activity

In accordance with the Texas Administrative Code 28.002

Grade Level	Structured Physical Activity	Physical Education (PE)	Fitness Assessments
Elementary (PK-5)	<p>The requirement of the Texas Education Code (TEC), 28.002, as amended by Senate Bill (SB) 530, is thirty minutes a day in grades 1-5 and grade 6 if included in an elementary campus. If a school district determines, for any particular grade level below sixth grade, that this requirement is impractical due to scheduling concerns or other factors, students in that grade level may participate in moderate or vigorous physical activity for at least 135 minutes during each school week. Senate Bill (SB) 891, 81st Texas Legislature, requires full-day kindergarten students, to the extent practicable, students enrolled in half-day prekindergarten to participating in moderate of vigorous physical activity. In addition, SB 891 requires that, on a weekly basis, at least 50 percent of the PE class be used for actual student physical activity that is, to the extent practicable, at a moderate or vigorous level.</p>	<p>PE Texas Essential Knowledge and Skills (TEKS)-based instruction is required to be offered at each elementary school grade level, but the format is flexible. The requirement listed in the Texas Administrative Code (TAC) may be found at TAC 74.2, Description of a Required Elementary Curriculum: http://www.tea.state.tx.state.ex.us/rules/tac/chapter074/ch074a.html.</p>	<p>FintessGram (3-5)</p>
Junior High (6-8)	<p>Thirty minutes a day of physical activity are required for grades 7-8 and to be offered at least four semesters during grades 6-8. Grade 6, if included in an elementary campus, follow the requirements for elementary schools. For districts that use block scheduling, students must</p>	<p>PE TEKS-based instruction is required to be offered at each middle school, grade level, but the format is flexible. The requirement listed in the Texas Administrative Code (TAC) may be found at TAC 74.3. Description of a Required Secondary Curriculum:</p>	<p>FitnessGram (6-8)</p>

	<p>participate in moderate or vigorous physical activity for at least 225 minutes during each two-week school period and at least 50 percent of the PE class is actually physical activity. The laws and rules are referenced above</p>	<p>http://www.tea.state.tx.us/rules/tac/chapter074/ch074a.html.</p>	
<p>High School (9-12)</p>	<p>Structured physical activity is included in courses listed in the TAC for graduation credit. TEKS for these courses may be found at: http://www.tea.state.tx.us/rules/tac/chapter116/ch116c.html</p> <p>In addition, SB 891 requires that at least 50 percent of the PE class be used for actual student physical that is, to the extent practicable, at a moderate or vigorous level.</p> <p>Students participating in approved substitution activities for PE credit are required to participate in at least 100 minutes per five-day school week at a moderate or vigorous level</p>	<p>Students are required to complete on credit in PE to fulfill graduation requirements. Substitutions for graduation credit are allowed. The only course that is authorized by the State Board of Education (SBOE) to substitute for PE is JROTC.</p> <p>Activities allowed as PE substitutions include athletics, marching band, cheerleading, drill team, and approved appropriate private or commercially-sponsored programs</p>	<p>FitnessGram (9-12)</p>