

Grandview ISD Food Allergy Management Plan

Background:

The incidence of severe allergic reactions has been rising at an alarming rate, especially with regard to food. Other common causes of anaphylaxis include allergies to latex, medications, and insect stings.

Pathophysiology and treatment:

Anaphylaxis can affect almost any part of the body and cause various symptoms. The most dangerous symptoms include breathing difficulties and a drop in blood pressure or shock, which are potentially fatal.

Medications

- Epinephrine
- Antihistamines

Treatment of anaphylaxis is centered on treating the rapidly progressing effects of the histamine release in the body with epinephrine. The allergen should also be removed immediately.

Creating an Allergen-Safe School Environment

- Protecting a student from exposure to offending allergens is the most important way to prevent life-threatening anaphylaxis.
- Avoidance of exposure to allergens is the key to preventing a reaction.
- The risk of exposure to allergens for a student is reduced when the school personnel, medical provider and parent/guardian work together to develop a management plan for the student.
- Educating the entire school community about life-threatening allergies is important in keeping students with life-threatening allergies safe.

Identifying the School Team

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|----------------------------------|-----------------|--------------------------|
| • School District administration | Kristi Rhone | Assistant Superintendent |
| • School Nurse | Lisa Davis | District School Nurse |
| • Counselor | Stephanie Davis | HS Counselor |
| • Food Service Personnel | Lee Ann Breton | Food Service Director |
| • Athletic Director | Brad Davis | Athletic Director |
| • Transportation Personnel | Odell Schronk | Transportation Director |

Action Steps for Anaphylaxis Management

- Providing necessary precautions and general training for staff in transportation, classrooms, the cafeteria, or the gymnasium;
- Training by licensed medical personnel/ registered professional nurses for all adults in a supervisory role in the recognition and emergency management of a specific medical condition for specific students;
- Creating Individual Health Care Plans (IHP), Emergency Care Plans (ECP), 504 Plans, or Individualized Educational Plans (IEP) as indicated;
- Having standing emergency medical protocols for nursing staff;
- Maintaining stock supplies of life saving emergency medications, as allowed by the laws of NYS, such as EpiPens, in all health offices for use in first time emergencies;
- Following specific legal documents duly executed in accordance with the laws of NYS with medical orders regarding the care of specific students with severe life-threatening conditions;
- Allowing self-directed students as assessed by the school nurse to carry life saving medication with prior approval by the medical provider, and according to health practice and procedures, as long as duplicate life saving medication is also maintained in the health office in the event the self-carrying student misplaces their medicines; and
- Assuring appropriate and reasonable building accommodations are in place within a reasonable degree of medical certainty

Appendices:

- Request for Food Allergy Information (to be completed by parent upon student enrollment)
- Food Allergy Action Plan (reviewed by Nurse, Student, Parent, and Admin)
- Anaphylaxis management Algorithm I (for staff training)

Resources

- Health History
- Care Plan (IHP or ECP)
- Online training course
- Available at www.schoolhealthservicesny.com

Grandview ISD

REQUEST FOR FOOD ALLERGY INFORMATION

This form allows you to disclose whether your child has a food allergy or severe food allergy that you believe should be disclosed to the District in order to enable the District to take necessary precautions for your child's safety.

"Severe food allergy" means a dangerous or life-threatening reaction of the human body to a food-borne allergen introduced by inhalation, ingestion, or skin contact that requires immediate medical attention.

Please list any foods to which your child is allergic or severely allergic, as well as the nature of your child's allergic reaction to the food.

Food:	Nature of allergic reaction to the food:

The District will maintain the confidentiality of the information provided above and may disclose the information to teachers, school counselors, school nurses, and other appropriate school personnel only within the limitations of the Family Educational Rights and Privacy Act and District policy. [See FL]

Student name: _____ Date of birth: _____

School: _____ Grade: _____

Parent/Guardian name: _____

Work phone: _____ Home phone: _____

Parent/Guardian Signature: _____ Date: _____

Date form received by school: _____

Used with permission from "Making the Difference in Caring for Students with Life-Threatening Allergies" -
retrieved from: <http://schoolhealthservices.org/uploads/Anaphylaxis%20Final%206-25-08.pdf>